

Stillwater and Oak-Land Middle School Fall Sports 2020

We are offering Soccer, Girls Tennis, and Cross Country Running

We are not offering Girls Swim or Volleyball



- Season begins Tuesday Sept. 8th and ends Wednesday Oct. 14
- Generally practices will start at 2:40 and end at 4:30 approx.
- The first week will stay consistent with the A/B days and have "B" practice on Tuesday and Thursday. "A" day will practice on Wednesday and Friday that week. 7/8 graders not at school on Tuesday and Wednesday are welcome to come to their normal practice day.
- Parents: Make sure to sign up for the correct day A or B on SmartSchoolK12 when signing up for a fall sport
- Staff are required to wear a mask. Participants should have a mask with them at all times so they can put on quickly for listening purposes. Having their mask around their neck during workouts would be best. If any student gets ill during practice they should sit off to the side within sight of the coach until a parent arrives to take them home. Do not send the participant into the school.
- No spectators would be best. When we get to week #5 we can revisit this.
- We assume health screening has been done at home before they start the school day so no additional health screening is needed.
- We are not going to be playing other schools to decrease COVID. If all goes well week # 5 we could have A teams play B teams from the same school and week # 6 we could arrange some OMS vs SMS competition Basically for the most part it will be like a practice only season. We have reduced the participation fee to \$50 to reflect the lack of competitions.
- Participants can only attend the days they are in school. A students attend A practice days only, B students attend only B practice days. Any students that are 100% online can attend either A day or B day (with limits on the total numbers so the A days are balanced with the B days as far as number of participants) but must stay on the day they choose and cannot switch days.
- We must follow a number of procedures and protocols with the main one being we have to stay in pods of 25. Any more than 25 and we have to start another pod that stays separate from the first pod.
- Participants may use the lockerroom to change into workout clothes but cannot keep anything in the lockerroom
- Rain days cancel practice as we will not be utilizing indoor space.

